

# Internship Services and Resources for Students

**Internships are new professional learning experiences where students are supervised by a mentor and contribute meaningfully to an organization. Credit/non-credit postings are available in the Career Center (2.19).**

## Credit Internships

- Open to matriculated (degree) students in good standing who have completed 54 credits—Juniors/Seniors
- Must attend mandatory internship counseling session with the Career Center Internship Coordinator
- Learning Agreement signed by student, site supervisor, internship faculty advisor, and internship coordinator
- 42 hours of work for each credit earned, can earn 1-6 credits per semester. May be repeated with change of content up to 12 crs.
- 3 credits=about 10 hours of work a week
- Must be approved by the Internship Coordinator in the Career Center
- Site supervisor provides an evaluation (75% of the S/U grade)
- Paper is required for internship faculty advisor (25% of the S/U grade)
- Can be paid or unpaid
- Completed within each semester
- Must be set up one semester in advance

## Non-Credit Internships

- Can be completed by any student
- Very flexible arrangements
- Hours, pay rate, length of internship are arranged directly by the student and employer

# Four-Year Career Planning Guide

## Freshman Year

- Visit the Career Center
- Think about a major
- Experiment with different classes
- Schedule a career assessment session
- Complete a non-credit internship
- INTD 3985 - Special Topics - Career Planning course (1 credit)

## Sophomore Year

- Explore career possibilities
- Attend Career Panels and Symposia
- Complete a non-credit internship
- INTD 3985 - Special Topics - Career Planning course (1 credit)

## Junior Year

- Complete a credit or non-credit Internship
- Take courses that expand your skills
- Enhance your leadership experience
- Take the GRE (Graduate Record Exam) or another graduate admissions test
- INTD 3985 - Special Topics - Career Planning course (1 credit)

## Senior Year

- Complete HuskyCareerLink Registration for access to online job postings
- Attend career workshops
- Start networking
- INTD 3985 - Special Topics - Career Planning course (1 credit)
- Consult job listings regularly and attend the Career Fairs

# Internship Services and Resources for Employers

- Online posting of positions. Go to our website: [www.stamford.uconn.edu](http://www.stamford.uconn.edu) Click on “Career Center” and then, under “Services to Employers,” click on “HuskyCareerLink”
- Job and Internship Posting Books and Bulletin Boards
- Career Fairs in April and November
- Employer Open House Program (contact the Career Center to schedule an Open House in the Rich Concourse)
- Internship Placement



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Build the Bridge From Where You Are to Where You Want to Go.

## Interdisciplinary Internship Field Experience INTD 3991

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# COME TO OUR CAREER FAIRS IN APRIL AND NOVEMBER

## UConn-Stamford Rich Concourse

Business Attire.  
Bring Resumes.  
Bring a Friend.